



## OCCUPATIONAL THERAPIST OCCUPATIONAL THERAPIST ASSISTANT (COTA) SKILLS CHECKLIST

This self evaluation is for assessing your experience in specific clinical areas. This self evaluation will not be a determining factor in accepting your application to become an employee of Supplemental Health Care.

**1 = No Experience 2 = Limited Experience 3 = Experienced 4 = Highly Skilled**

ADULT	1	2	3	4
<b>Orthopedic:</b>				
Fractures				
Total Joint Replacements				
Osteoarthritis-Frozen Shoulder				
Hand Injuries				
Post Operative Care				
Amputations				
<b>Neurologic:</b>				
Stroke Rehabilitation				
Cognitive Disorders				
Head Trauma				
Spinal Cord Injury				
Neuromuscular Diseases				
Adaptive Equipment-Wheelchair				
<b>Prosthetics / Orthotics:</b>				
Upper Extremity Prosthetics				
<b>Procedures / Treatments:</b>				
Splinting - Wrist				
Splinting - Hand				
Splinting - Elbow				
Functional - Dynamic Splinting				
Adaptive Equipment				
Joint Mobilization				
Myofascial Release				
Soft Tissue Manipulation				
Iontophoresis				
TENS				
Hydrotherapy - Whirlpool				
Sterilization Techniques				
Cryotherapy				
Wound Management				
Debridement				
Ultrasound				
Phonophoresis				
Cognitive Techniques				

Vision Therapy				
Neurodevelopmental Techniques				
Adaptive Equipment Assessment				
Adaptive Equipment Training				
Feeding Techniques				
Exercise Programs				
Postural Education				
Home Safety Evaluation				
Community Re-entry				
Group Treatment				

GERIATRIC	1	2	3	4
<b>Orthopedic:</b>				
Fractures				
Total Joint Replacements				
Osteoarthritis-Frozen Shoulder				
Hand Injuries				
Post Operative Care				
Amputations				
<b>Neurologic:</b>				
Stroke Rehabilitation				
Cognitive Disorders				
Head Trauma				
Spinal Cord Injury				
Neuromuscular Diseases				
Adaptive Equipment-Wheelchair				
Alzheimer's / Dementia				
<b>Prosthetics / Orthotics:</b>				
Upper Extremity Prosthetics				
<b>Procedures / Treatments:</b>				
Splinting - Wrist				
Splinting - Hand				
Resting Splints				
Functional - Dynamic Splinting				
Transfers				
Neurodevelopment Testing (NDT)				



incorporate normal growth and development, adapt method and terminology of client instructions as it relates to the age and comprehension level of the client, and to ensure a safe environment - reflecting specific needs of the client and various age groups.

Preschooler (3 - 5 years)				
School Age (5 - 12 years)				

AGE	1	2	3	4
Newborn (birth-30 days)				
Infant (30 days - 1 year)				
Toddler (1 - 3 years)				

AGE	1	2	3	4
Adolescents (12 - 18 years)				
Young Adults (18 - 39 years)				
Middle Adults (39 - 64 years)				
Older Adults (64+ years)				

The information I have given is true and accurate to the best of my knowledge, and I hereby authorize Supplemental Health Care to release this Skills Checklist to staffing clients of Supplemental Health Care.

Submit this skills self evaluation with your initial application. To be updated annually.

Applicant Signature Date \_\_\_\_\_

Applicant Name & Title (please print) \_\_\_\_\_