

# PCA Skills Check List



- 0 = No Experience
- 1 = Perform infrequently (would require some supervision)
- 2 = Able to perform without any supervision

	0	1	2
Lifting and body mechanics			
Transfers			
Tub Bathing			
Showering			
Hair Care			
Nail Care			
Skin Care			
Foot Care			
Communication Skills			
Food Preparation			
Knowledge of Special Diets			
Recording I& O			
Banking & Shopping			

	0	1	2
Behavior Modification			
Shaving			
Assist with dressing			
Evacuation Carriers			
Range of Motion exercises			
Pulse Assessment			
Temperature Monitoring			
Orientation for Memory			
Catheter Care			
Assisting Visual Impaired			
House cleaning			
Digital Stimulation			
Safety in the home			

The information I have given is true and accurate to the best of my knowledge.

Name (Please Print)

Signature

Date

CLIENT: The skills check list is not a guarantee of the PCA's clinical ability. It is intended for your use in assisting you in your screening and interviewing process. If you want to add more skills you can add them as needed.